

Measurement Conversions

1 tablespoon (tbsp) = 3 teaspoons (tsp)

1/4 cup = 4 tablespoons

1/2 cup = 8 tablespoons

1 cup = 48 teaspoons

1 cup = 16 tablespoons

8 fluid ounces (fl oz) = 1 cup

1 pint (pt) = 2 cups

1 quart (qt) = 2 pints

4 cups = 1 quart

1 gallon (gal) = 4 quarts

16 ounces (oz) = 1 pound (lb)

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